Questions & Answers

What is the Peer Support Program?
The Peer Support Program provides a fun and engaging environment for young people to address issues such as bullying, relationships, and self image. Modules are designed to equip young people with skills to deal proactively with life experiences, develop a sense of self worth and belonging, and to encourage taking responsibility for decisions and actions.

How does the Peer Support Program work?
Trained Year 6 students facilitate activities with small groups of younger students. A teacher supervises each group which includes: two Year 6 Peer leaders (or Year 5 co leaders) and 8-10 students from Kindergarten to Year 5.

How can I support the Peer Support Program in my child's school?
Discuss with your child the activities, concepts and understandings they are developing each week. This helps to foster a positive connection between school and home.

For more information about your school's Peer Support Program contact the Peer Support Coordinator at your school.

peer support foundation

The mission of the Peer Support Foundation is to provide dynamic peer led programs which foster the physical, mental and social wellbeing of young people and their community.

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Supported by the NSW Health Department

Promoting Harmony

encourages students to identify their values demonstrating care, respect, responsibility and a fair go for all
About Promoting Harmony

This module supports students to develop the knowledge, skills and attitudes enabling them to identify their values and align their actions with their beliefs.

Promoting Harmony focuses on four specific values
+ caring
+ respect
+ responsibility
+ fair go.

The module complements and supports the National Framework for Values Education in Australian schools.

Students are provided with activities designed to help them explore ways of caring for themselves and others, identifying and respecting their rights and those of others, acting responsibly, having a go and encouraging others to do their best.

Students will be given opportunities to reflect on their own values and the values of others. Acknowledging these shared values assists in bringing harmony to society.

"Values are the important ideals and beliefs influencing our decisions and behaviour. They provide a framework to guide us in our interactions with others and in our sense of Self. Our values define who we are and give purpose and meaning to our lives."


Why Teach Values?

Values are the tools we use to guide us through our lives. They assist us to decide what is right and how we should respond to different situations.

Students draw on the values from the significant adults in their lives and clarify them to determine whether they will adopt them as their own. Their life experiences provide opportunities to explore these values and critically evaluate them.

Values provide a framework for behaviour; they and also give meaning and significance to our lives. Our values are a reflection of who we are. They shape our sense of Self as we discover the different reactions we have to a variety of situations.

"Values education has the potential to go to the very heart of what it is that teachers, schools and education systems are about."

Professor T. Lovat, University of Newcastle, 2006.

The explicit teaching of values provides students with the skills and experiences they need to identify who they are and how they can make a positive contribution to the wider community.

Benefits for my child

All participating students benefit from the Peer Support Program by
+ identifying personal and community values
+ demonstrating how they care for themselves and others
+ acknowledging and respecting the rights of all
+ developing ways to be responsible
+ attempting new tasks to the best of their ability
+ identifying personal and group strengths

The following definitions are used by Peer leaders throughout the module.

I care for myself and others by showing kindness, being aware of my feelings and the feelings of others, respecting my body's needs for food, exercise and sleep and helping others.

Being respectful means remembering we all have the same rights. We show respect for others by the way we treat them.

Being responsible is doing our best at what we say we will do.

Having a go at new challenges helps us know what we are good at and enjoy doing.