PLAYERS' CODE OF CONDUCT

• Play for the fun of it.
• Play by the rules and always abide by the decisions of officials.
• Control your temper. Make no criticism either by word or gesture. Deliberately distracting or provoking an opponent is not acceptable or permitted in any sport.
• Work equally hard for yourself and your team. Your team's performance will benefit and so will your own.
• Be willing to train and prepare for the game or competition. Preparation helps prevent injury and increases the level of enjoyment.
• Play only when you are fully fit. To play with injury will handicap your team, and may expose you to the risk of further and more serious injury.
• Be a good sport. Applaud the good play of your team mates and that of your opponents.
• At all times cooperate with your coach, team mates and opponents, for without them you do not have a competition.

Remember the goals of the game are to have fun and improve your skills. Be modest in success and generous in defeat.

PARENTS’ CODE OF CONDUCT

• Encourage your child to always play by the rules.
• If children are interested in sport, encourage them to participate. Refrain from forcing an unwilling child to participate.
• Remember that children participate in organised school sports for their enjoyment and fulfilment, not yours.
• Teach your child that honest effort is as important as winning so that the result of each game is accepted without undue disappointment.
• Encourage your child to work towards skill improvement. Never ridicule your child for making a mistake or losing a competition.
• Always encourage the principle of good sportsmanship.
• Children learn best by example. Applaud good play by all individuals and all teams.
• Do not publicly question the officials' judgement and never their honesty.
• Appreciate the contribution and commitment of teachers in coaching positions. They give their time and resources to provide sporting activities for your child and deserve your support.
• Have realistic expectations for your child and her or his team. Do not expect more than they can give.

Support all efforts to remove verbal and physical abuse from sporting activities. Condemn the use of violence in any form.

SPECTATORS’ CODE OF CONDUCT

• Students play organised sport for their own enjoyment. They are not playing to specifically entertain you.
• Always respect the decisions of officials.
• Never encourage physical or verbal abuse of players, coaches, officials or other spectators.
• Applaud good play by your own team and that of the opposing team.
• Show respect for your opponents. Without them there would be no game.
• Never ridicule a player for making a mistake or losing a competition. Encourage players to always play according to the rules.