LEADERSHIP AND LEARNING

Last Wednesday 22 August 2012 our local Bronze medal Olympian, Alicia McCormack, visited the school for the second time since returning from the London Olympics. Alicia returned on the invitation of the school SRC. During her time with our school leaders Alicia spoke about her experiences as a senior member of the Australian Women’s Water Polo team and as club captain of her Cronulla home team. Our students asked Alicia questions concerning leadership and representing the interests of others. Alicia outlined for our students the need to be yourself, be open and friendly but above all believe in what you are hoping to achieve for others. On behalf of the school our captains presented Alicia with a copy of our 125th Anniversary Book (which contains a picture of Alicia following her return from the Beijing Olympics) and a 125th school cap in appreciation of her commitment to her old primary school.

DO YOU KIDS A FAVOUR

One of the most valuable lessons for a balanced and happy life is to help your child understand that failure, defeat and disappointment happen to everyone. It is important that from an early age children receive the skills necessary to wait their turn, learn to miss out, lose gracefully, accept the umpire’s decision and celebrate with others their success. At school, we are seeing more and more students who struggle with the social settings that require them to acknowledge that others have beaten them, be it handball or spelling, and not to “throw in the towel” or shift blame. Every child is special, every child is an individual but we are all gifted to varying degrees with talents and abilities. This is what makes us a unique and wonderful society.

SCHOOL OVAL

The school has been successful with its application for a 50/50 grant with the NSW Department of Education and Communities for upgrading our school oval. It has been a long time coming but the school now has enough funds to level, drain and re-turf our school oval. At present I am sourcing quotes for the redevelopment of the oval from suppliers of both natural and artificial grass. It is hoped that work will commence as soon as possible following our school fete.

Did You Know…..

The Helensburgh Parents and Citizens Association was formed during early 1930 and the first recorded letter to the Inspector was sent in July complaining of ‘the bad state of neglect of the school buildings, the sheds and toilets are simply falling down, part of the roof is gone and it leaks in wet weather, guttering and down pipes are gone and the floorboards are rotted away. The playground is unsuitable for children.’

The answer from the Inspector was ‘no money will be spent on the school, as the school will be relocated to a new site next to Chinaman’s Creek (at the bottom of the Catholic school).’ The school community fought this decision for years saying that the area flooded in the wet season and there was a dam nearby, where several children had previously drowned.

The local community finally won with the plan of relocating the school being abandoned.

The Great Depression, with the accompanying miners’ strike and pit closures, contributed to high levels of unemployment causing a severe effect on the school. Enrolments fell below 300 and the school gradually fell into a bigger state of disrepair. In 1936 Mr Bannon (the headmaster) and the Inspector proposed that the local unemployed work in the school grounds to repair some of the neglect on an Unemployment Relief Grant.
ENROLMENTS 2013
Parents are reminded that enrolments for 2013 are now open. The school is presently undergoing a period of growth and numbers of places can be a problem in a number of different grades. If you are intending to enrol or you know of others planning to come to Helensburgh Public School in 2013, I would encourage you to get your enrolment forms into our school office as soon as possible. I am also very happy to show any prospective parents around our school, just ring the school to arrange a time.

BREAKFAST
We all know that breakfast is the most important meal of the day. Breakfast provides the fuel students need for learning. Some students are getting into the habit of eating their lunch before school and have nothing left by lunchtime and therefore have very little fuel left in their tank for afternoon learning. Please speak with your children to make sure they are eating their lunch at the right time.

Christopher Connor
Helensburgh Public School
125th Anniversary Year

Important Dates to Remember

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>28th August</td>
<td>Surf Safety Talk Yrs 2,4 and 6 2pm</td>
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<tr>
<td>29th August</td>
<td>Fathers Day Stall/Yr 5 Leadership Day/Kindergarten posting Grandparent day invitations</td>
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<tr>
<td>30th August</td>
<td>Heathcote HS Year 5 Maths Challenge Day/4L Bike Day/Songworld 2H &amp; 2S</td>
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<tr>
<td>31st August</td>
<td>Kinder Bushwalk to the dam</td>
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<tr>
<td>3rd Sept</td>
<td>Yr 5 Enviro Excursion</td>
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<tr>
<td>4th Sept</td>
<td>Stage 3 Debating Round 3/Yr 3 Fire Safety talk</td>
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<tr>
<td>5th Sept</td>
<td>Regional Athletics Carnival/SRC Meeting</td>
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<tr>
<td>6th Sept</td>
<td>25 &amp; 2H Songworld</td>
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<tr>
<td>7th Sept</td>
<td>K-6 Assembly 2.10pm/Summer PSSA starts</td>
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<tr>
<td>11th Sept</td>
<td>P&amp;C Meeting 7pm in staffroom</td>
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<tr>
<td>13th Sept</td>
<td>125th Anniversary Grandparents Day</td>
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<tr>
<td>15th Sept</td>
<td>125th Anniversary Fete</td>
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<tr>
<td>18th Sept</td>
<td>Debating finals at Bulli HS</td>
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<tr>
<td>19th Sept</td>
<td>SRC Meeting</td>
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<tr>
<td>20th Sept</td>
<td>Yr 3 Nan Tien Temple Excursion/2S &amp; 2H Songworld</td>
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<tr>
<td>21st Sept</td>
<td>Last day of Term 3</td>
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<tr>
<td>8th Oct</td>
<td>Students return for Term 4</td>
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<tr>
<td>9th Oct</td>
<td>P&amp;C Meeting 7pm in staffroom</td>
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<tr>
<td>26th Oct</td>
<td>125th Anniversary Art Show</td>
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Stewart House
Stewart House bags were sent home last week please send filled bags in by Friday 31st August to the room under B Block just outside the infants COLA.

Library News

Premier’s Reading Challenge
Online reading logs must be completed by this Friday in order for students to complete the challenge. If you are having any problems getting the reading log completed see Mr McQueen in the library.

Grandparents Day
On Grandparents day we will be having a Donate a Book Fair in the library. Visitors will be invited to purchase a book and donate it to the library. Once the book is processed family members of the donor will be the first to borrow the book.

Parent Helpers
If any parents can donate some time on Grandparents day to help out at the donate a book fair please let Mr McQueen know. Your help is greatly appreciated.
Mr McQueen
Teacher Librarian

University of New South Wales
International Competitions and Assessments for Schools 2012
We have received the results of the Writing and Spelling Assessments and once again there are some very pleasing academic results by Helensburgh Public School students. We would like to congratulate every child who undertakes each exam.

Outstanding results in the Writing Assessment:

**Year Six**
Kelsey.I-credit

Outstanding results in the Spelling Assessment:

**Year Three**
Olivia.M-credit

**Year Four**
Elie.M-credit

**Year Five**
Jiah.P-credit
Jarrah.C-credit
Matthew.L-credit
Kelsey.I-credit
Ewan.R-credit

Congratulations to all our participants.
Mrs Sida
UNSW ICAS Co-Coordinator
Environmental News

Only 12 more sleeps until the GREAT SPRING WORKING BEE!

You are all very welcome to join our collaborative gardening efforts, for 1/2 hour or 3. Bring your gloves, a hat and sturdy shoes for a fun and satisfying morning.

Sunday 9th Sept - kick off 9am.

4/5 T have been very busy mulching the bush path at bottom oval. Their efforts as a terrific chain team have also seen two more garden beds filled ready for beginning the sensory gardens this week. Thank you to Mrs Hanley for her herb donations.

1M are looking forward to seeing the potatoes, which they planted in a bed outside their room, emerging.

Bulli High School Uniform Shop Year 7 2013

Helensburgh’s allocated date and time for Year 7 uniforms fittings is Tuesday 9th October 2012 3pm - 5pm. All Year 7 orders must be placed by Friday 12th October. All Year 7 uniforms must be ordered. For more information call Bulli HS 4284 8266

FATHERS DAY STALL

The stall will be held Wednesday 29th August and we ask that ALL money for presents be sent in to the class teacher by Friday 24th August. Any money not received before the day of the stall, (i.e. brought in on the day) may result in the child having to purchase a gift at the end of the stall as we will be monitoring the ratio of $10 to $5 gifts.

Please fill in the form below, nominating how many presents of each price range are required. Please send money and note in an envelope clearly marked with your child’s name, class and the amount enclosed. Any cheques should be made out to Helensburgh Public School P&C and please do not include with any other school expenses. Most presents will not be wrapped, because they have come to us in protective wrapping or boxes and we thought it better to send the gifts home the same way. Your child will have chosen the item with love from our display table and we ask that you remember this when they present you with it. PLEASE SUPPORT THE STALL – your children’s education will benefit.

<table>
<thead>
<tr>
<th>Childs name: ___________________________</th>
<th>Class: ___________________________</th>
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<tbody>
<tr>
<td>No. of $5 presents required _____________</td>
<td>No. of $10 presents required _______</td>
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</tbody>
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Canteen News

Back by popular demand!

Monday 3rd to Friday 7th September.

Spaghetti Bolognaise week – Fresh home-made spag bol will be available for lunch orders. $3.50 per serve. We will also have Italian Meal Deal which includes a serving of Spaghetti Bol, 2 slices garlic bread and a popper for $4.50.

Jaffles are selling well as a warm winter alternative. We will continue to sell “REAL” coffee from the canteen to parents for $3 per cup.

Apples are still 70c each (whole or slinky) and our breakfast items are also still the same:- raisin toast 50c per slice, vegemite on toast 50c per slice and Up N Go various flavours $1.70, milo $1.00 per cup.

We cannot accept ANY FOREIGN COIN

Thank you for you continued support.

Uniform News

URGENTLY NEEDED - Second hand clothes – please drop any good quality second hand uniform items to the canteen.

Jan 4294 1778 Bronwyn 4294 3568

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Creating Asthma Friendly Environments

Suggestions for creating Asthma Friendly environments

- Pets are kept outside
- 'No smoking' policy is in place
- Areas are kept as dust free as possible - rooms are damp dusted regularly
- Optimally no carpets - If carpeted, optimally short pile/loop carpet
- Floors are vacuumed daily (preferably when the person with asthma is not in the vicinity) if carpeted, or mopped daily if hard floor surface
- Optimal flooring options include ceramic tiles, sealed wood or cork and slate. These are all easy to clean. Small scatter rugs, which are easy to air and wash, may be used.
- Ceiling fans and air conditioning vents are cleaned regularly
- Heating systems are electric or flued gas wherever possible
- Use of 'low allergen/low irritant' cleaning agents
- Do not wear strong perfumes or use room deodorisers
- Non-latex gloves are used in place of latex gloves
- Rooms are checked regularly for mould throughout the winter period
- Rooms are well ventilated
- Extractor fans are used in all wet areas (e.g. bathrooms, kitchen, laundry) vented externally rather than into the roof space
- Know which foods and food additives may be potential triggers for asthma, and seek alternatives
- Encourage people with asthma to remain indoors during extreme temperature days, e.g. very cold or very hot days
- Encourage people with asthma triggered by pollens or pollution to remain indoors on high pollen and/or high pollution days
- Lawns are mowed when the person with asthma is not in the area, or is indoors
- Lawn, weed and insect sprays are only used when the person with asthma is not in the area or is indoors
- Plants known to trigger allergies are removed and replaced with low allergy plants. More information about low allergy plants can be found in the Asthma and Allergy Friendly Gardens brochure from Asthma Foundation NSW.

Other strategies that can be employed when renovating or building a new structure include:

- Use foil or polyester insulation
- Electric slab heating in the floor or radiated panels fitted on walls or ceilings ensure even warmth without air circulation. Avoid open fires, which pollute the air and fan forced ducted systems, which distribute dust.
- Refrigerated reverse cycle air conditioning systems dehumidify the air and decrease the incidence of mould.
- Use electric cooking appliances as they do not produce gaseous fumes, allow minimal heat loss and are easy and safe to use.
- Ensure you have an efficient externally vented range hood to remove steam and cooking smells that can irritate people with asthma.
- Instal vertical or roller blinds, which can be easily cleaned, rather than heavy drapes.

This information is intended as general reference material only and is not intended to replace professional medical advice. All reasonable efforts have been made to ensure the accuracy of this information; however Asthma Foundation NSW disclaims all liability for any loss or damage incurred as a consequence of reliance on this information. This material may not be reproduced without permission from Asthma Foundation NSW. © 2010 Asthma Foundation NSW
We would like to acknowledge the traditional custodians of the land on which Helensburgh Public School is situated. We pay our respects to the Dharawal people and to elders past, present and the future.

11 Fletcher Street, Helensburgh, 2508 Ph: (02) 4294 1332 or (02) 4294 1050

Issue 27, Monday 27th August 2012 Week 7 Term 3

Community Notices

Rego 2012/13 - Helensburgh & Districts Little Athletics

Online Rego opened on Wednesday 1st August 2012. Online rego + secure payment is the preferred way of becoming a Little A’s member: TINY TOTS (3-4 years old): $70 per child ONLINE versus $80 OFFLINE ALL OTHER ATHLETES (U6-U17): $85 per athlete ONLINE versus $100 OFFLINE Visit our website at www.helensburgh-lac.com and follow the links or contact us at hblac@live.com.au follow us on Facebook at www.facebook.com/HelensburghLAC First Competition Night at Helensburgh Rex Jackson Oval will be on Friday 14th September 2012 from 5:45 pm. 3000m races will still be on this season again (once a month). Offline Rego Dates at Helensburgh Workers Club: Friday 31st August, Friday 7th September, and Friday 14th September between 6-8 pm.

Helensburgh/Stanwell Park Junior Surf Life Saving Club
Saturday 15 September 2012 - REGISTRATION DAY - 9am till 12 noon Outside Pizzarama, Walker St, Helensburgh Saturday 22 September 2012 - REGISTRATION DAY - 10am till 1pm Helensburgh/Stanwell Park Surf Life Saving Club, Beach Road, Stanwell Park

Helensburgh Disability Support Group
Support for families with a child or young person with a disability When: Every Monday between 10am and 12pm at Helensburgh Community Centre 26 Walker St Helensburgh. Cost: $2 donation per family/group for morning tea
Enquiries Alisa on 0410 946 776

Komplete Kaos
Komplete Kaos Inc (Robotics Lego) is up and running at Helensburgh Public School library and the kids are having an amazing time. We are using Legos MindStorm kits to build and program robots. We have 18 boys and girls participating from Helensburgh and Otford Public Schools and we plan to have a demonstration and competition stall at the Helensburgh Fair. Hopefully we will see you there on the 15th of September :-) In the meantime we have a competition group forming and we are looking for any donations of lego possible. The more we have the fancier and more robust our robots can be. Here is a photo of some of our first robots completing a line following challenge. We are continuing to build on these robots and our competition team will go to the NSW challenge on December the 4th. So please help us get there. You can contact Mr McQueen at Helensburgh PS library or Lilli Pang (0417671442) for any donation drop off or we can pick up. Warmest and thanks in advance for any of your efforts and donations. Komplete Kaos Inc

Helensburgh VIEW Club
Helensburgh VIEW club are going to see "CHITTY CHITTY BANG BANG" on Saturday 17th November, 2pm matinee. Helensburgh VIEW club are going to see "WARHORSE" on Saturday 23rd March 2013. For enquiries please call Chris on 42941103.

Cricket NSW School Holiday Program at the SCG
Open to all boys and girls (ages 5 - 12), of all skill levels. Registration and payment can be completed online;
Camp 1 - Monday 24th and Tuesday 25th September Camp 2 - Thursday 27th and Friday 28th September Camp 3 - Thursday 4th and Friday 5th October. All camps are 8.30am - 3.00pm. For more info www.cricketnsw.com

Keiraville Community Preschool Celebrates 60 years
For more information 42296442 office@kcps.org.au

Cumberland High 50th Anniversary
For more information www.cumberland-h.schools.nsw.edu.au/

Hawks Junior Cheer team
Wollongong NRE Hawks Junior cheer team is open to boys and girls from the age of 6 years to 13 years. You must register to audition. Online registration is open until 5pm on Wednesday 29th August. Visit hawks.com.au for more information Auditions will take place on Saturday 1st September from 9am.

Vienna Boys Choir 2012 Australian Tour
Sydney 18th September 8pm and Wollongong 19th September 8pm for more information www.viennaboyschoir.com.au

Gymea High School 30th Year Reunion - Year 10
Class of 1982 Saturday 29th September, 2012 Gymea Hotel - Time: 6:00pm onwards Please RSVP by Saturday 22nd September, 2012. (Purchase your own meals and drinks) Marian Foulcher - marian@aline.net.au Or Mobile: 0414 476 457
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Issue 27, Monday 27th August 2012 Week 7 Term 3

The countdown is well and truly on – only 19 more sleeps to our major fundraiser for this year! Yes parents, we still need you!

As you can see over the page, there are still too many gaps in our roster and this may mean that some class stalls will not go ahead. This is a particular disappointment for those parents and children who have already worked hard putting stalls together. If you have 2 hours to spare on fete day, please fill in the Parent Helper form below, send it in to school and be part of a fabulously successful 125 Anniversary Fete!

This is a call for all Halloween lovers to help out in 2/SM’s Haunted House, otherwise it will be consigned to the fete graveyard!

Please note, you do not have to be a 2/SM parent to be scary!! For safety reasons, we need adults in the HH. We are still in desperate need suitably scary stuff. We really want to send a shiver down your spine!! We need scary props (to be returned to you) and spooky ideas for 3-4 different scary scenarios, and some suitably scary food to sell. Please email Deathly Deb at dcoustle@uow.edu.au or Ghostly Gina at nhork@yahoo.com.

Mrs McPherson is still collecting White Elephant goods, particularly children’s games and puzzles. Please feel free to do an early spring clean and bring your treasures to the office or Mrs Mac’s room. The more she has, the happier she is! We are also still looking for books, CDs and DVDs for 3J’s stall. What a great way to recycle your favourite books, movies and music! And we would still love donations for our stalls, Chocolate Wheel, raffle and silent auctions. Please contact Sandy eszewcow@gmail.com or 0418 289 569) or Gina (nhork@yahoo.com or 4294 1371) if you are able to support our fete in this way!

Thank you to our 125 Anniversary Fete sponsors and supporters.
Without your generosity, the fete could not be a success!


Please complete and return with payment to Helensburgh PS office

125 Anniversary Fete 15th September 2012– all day rides $24 each

Number of ride passes purchased: __________________________________________

Amount enclosed - CASH or CHEQUE to P&C $________________________

Child’s name: __________________________ Class: __________________________
Child’s name: __________________________ Class: __________________________
Child’s name: __________________________ Class: __________________________

Thank you! Your all day ride passes will be issued on fete day, 15 September!

Fete Helpers

YES! I am able to help on _______________ class stall at the fete!

Set Up ______ 10am-12.15pm ______ 12pm-2.15pm ______ 2pm-4.15pm ______ Pack Away ______

Your Name: __________________________________________________________________________

Phone or email: _______________________________________________________________________

NO, I am unable to help but here is my donation of $__________ towards stall costs.

YES! I am able to help on _______________ class stall at the fete!